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Subject: Ramadan fasting in pregnant, breastfeeding and non-pregnant-non-breastfeeding women

Posted by [andreaseiermann](#) on Thu, 07 Mar 2019 09:14:22 GMT

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We propose the following indicators to advance research on Ramadan fasting during pregnancy. The issue has recently attracted growing interest in the field of DOHaD research (Developmental Origins of Health and Disease):

Indicator 1: Percentage of Muslim women who fasted at least one day during Ramadan, separately for pregnant women, breastfeeding women and non-pregnant non-breastfeeding women.

Indicator 2: Percentage of women who fasted most days during Ramadan (20 days or more out of the 29/30 days of a Ramadan), separately for pregnant women, breastfeeding women and non-pregnant non-breastfeeding women.

Indicator 3: Average number of days of fasting during Ramadan in Muslim women, separately for pregnant women, breastfeeding women and non-pregnant non-breastfeeding women.

Attached to this post is a completed submission form with full justification for the recommendation.

This recommendation was authored by Andrea Seiermann and reviewed by Prof. Sabine Gabrysch, both from Heidelberg Institute of Global Health at the University of Heidelberg, Germany.

### File Attachments

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1) [Suggestion\\_DHS8\\_Ramadanfasting.docx](#), downloaded 472 times

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