
Subject: Sleep time

Posted by [George Kariuki](#) on Fri, 30 Mar 2018 21:34:36 GMT

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Hi,

I would want to know if DHS asks any questions on subjective sleep time. Do people report the number of hours they sleep on average?

Subject: Re: Sleep time

Posted by [Liz-DHS](#) on Fri, 30 Mar 2018 21:39:28 GMT

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Dear User, To my knowledge, I have never seen questions on sleep. I am quite familiar with the questionnaires. Thank you!

Subject: Re: Sleep time

Posted by [George Kariuki](#) on Fri, 30 Mar 2018 21:40:41 GMT

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Thank you.

Subject: Re: Sleep time

Posted by [kingx025](#) on Sun, 22 Apr 2018 01:21:36 GMT

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Ghana 2008 included a question about number of hours of sleep or napping in the women's survey, but it is a country-specific variable not usually available. Here are the codes and (unweighted) frequencies for this variable, from the IPUMS-DHS website (available at [idhsdata.org](https://www.idhsdata.org)):

https://www.idhsdata.org/idhs-action/variables/HRSREST#codes_section

Miriam King
