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Subject: Diet data in NFHS India

Posted by [MRedwanul](#) on Tue, 18 Apr 2023 19:01:51 GMT

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Hi,

I am trying to work with the question for a planned paper of ours: "How often do you yourself eat the following food items: daily, weekly, occasionally, or never?". The question number is 630 in men's questionnaire and 731 in women's questionnaire. In the response options, I find the followings:

Milk or curd

Pulses or beans

Dark green leafy vegetables

Fruits

Eggs

Fish

Chicken or meat

Fried foods

Aerated drinks.

All of these appear to be name of food groups rather than individual food items.

I would like to know the list of foods considered to be belonging to these food groups. From the perspective of nutritional epidemiology, it is a crucial piece of information.

Many thanks in advance!

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Subject: Re: Diet data in NFHS India

Posted by [fred.arnold@icf.com](mailto:fred.arnold@icf.com) on Tue, 18 Apr 2023 19:35:20 GMT

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The response categories are based on food groups, not individual food items. The questions are asked verbatim, as follows:

"How often do you yourself eat the following food times, daily, weekly, occasionally, or never?"

a. Milk or curd?

b. Pulses or beans?

c. Dark green, leafy vegetables?

d. Fruits?

e. Eggs?

f. Fish

g. Chicken or meat?

h. Fried foods?

i. Aerated drinks?"

There is no description of what items are included in each category, and there is nothing in the

Interviewer's Manual that defines what foods are included in each category. You will have to base your analysis on the food groups that are given, not on individual food items.

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