
Subject: MDD-W India NFHS-5

Posted by [stephanieti](#) on Fri, 09 Dec 2022 19:18:34 GMT

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Hello,

I was wondering if it is somehow possible to calculate the Minimum Dietary Diversity Index for Women (MDD-W), using the data of the individual file of the NFHS-5 in India?

Some information on the consumption of food groups are given, but those are based on a frequency level (daily, weekly, occasionally, never).

In the survey summary of India NFHS-5 (2019-21) at the DHS website, the MDD-W is being named as one of the characteristics of the survey.

So that's why I am asking if there is a method to reformulate the food frequency data into something that can be used for the MDD-W (which is usually based on a 24h recall)??

Thanks in advance for any help!!

Subject: Re: MDD-W India NFHS-5

Posted by fred.arnold@icf.com on Wed, 14 Dec 2022 14:25:11 GMT

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The only information on women's food consumption in NFHS-5 is on the frequency of consumption of seven different types of food (milk or curd, pulses or beans, dark green leafy vegetables, fruits, eggs, fish, chicken or meat), as well as fried foods and aerated drinks (daily, weekly, occasionally, or never). This information is not restricted to any particular time period. NFHS-5 does not include any questions on food consumption by women in the 24 hours preceding the interview. It would be possible to examine how many different types of food the respondent normally eats, but that will not give you an estimate of minimum dietary diversity for women in the last 24 hours.
