I have extracted and merged selected variables from KR, IR and HR files from the DHS 2022 version for Ghana, and my unit of analysis is children under 5. I want to look at the effect of dietary diversity and nutritional status on early childhood development in Ghana.

I already recoded the variables to suit the type of analysis I want to carry out, but I am confused with the weighting of the dataset. I read a document which said the dataset for Ghana is already weighted.
I just need assistance in making sure the dataset is well fitted(weight and adjusting for clusters using svyset & svy) as am confused as to which one to go with.