Following is a response from DHS staff member, Tom Pullum:

v113 is a variable name, not a column. The variable has a label. I don't know which Malawi survey or which statistical package you are using, but in Stata you would enter "describe v113" to get the name of the value label. It is V113 in the 2015-16 survey. You can the list the value label with "label list V113". I will paste the label for the 2015-16 Malawi below. The first digit of the category label is a general type of source (for example, "1" for "piped" and "4" for "well" and the second digit is a sub-category. The categories vary from survey to survey, depending on the types that are prevalent for the date and country of the survey. The WHO classification into "improved" and "unimproved" has changed over time. There is a similar construction for v116, type of toilet facility. Hope this answers your question.

. label list V113

V113:

            10 piped water

            11 piped into dwelling

            12 piped to yard/plot

            13 piped to neighbor

            14 public tap/standpipe

            20 tube well water

            21 tube well or borehole

            30 dug well (open/protected)

            31 protected well

            32 unprotected well

            40 surface from spring

            41 protected spring

            42 unprotected spring

43 river/dam/lake/ponds/stream/canal/irrigation channel

51 rainwater

61 tanker truck

62 cart with small tank

71 bottled water

96 other

97 not a dejure resident