
Subject: Re: Diet data in NFHS India

Posted by fred.arnold@icf.com on Tue, 18 Apr 2023 19:35:20 GMT

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The response categories are based on food groups, not individual food items. The questions are asked verbatim, as follows:

"How often do you yourself eat the following food times, daily, weekly, occasionally, or never?

- a. Milk or curd?
- b. Pulses or beans?
- c. Dark green, leafy vegetables?
- d. Fruits?
- e. Eggs?
- f. Fish
- g. Chicken or meat?
- h. Fried foods?
- i. Aerated drinks?"

There is no description of what items are included in each category, and there is nothing in the Interviewer's Manual that defines what foods are included in each category. You will have to base your analysis on the food groups that are given, not on individual food items.
