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Subject: Diet data in NFHS India

Posted by [MRedwanul](#) on Tue, 18 Apr 2023 19:01:51 GMT

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Hi,

I am trying to work with the question for a planned paper of ours: "How often do you yourself eat the following food items: daily, weekly, occasionally, or never?". The question number is 630 in men's questionnaire and 731 in women's questionnaire. In the response options, I find the followings:

Milk or curd

Pulses or beans

Dark green leafy vegetables

Fruits

Eggs

Fish

Chicken or meat

Fried foods

Aerated drinks.

All of these appear to be name of food groups rather than individual food items.

I would like to know the list of foods considered to be belonging to these food groups. From the perspective of nutritional epidemiology, it is a crucial piece of information.

Many thanks in advance!

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