
Subject: Re: Minimum Dietary Diversity for Women (MDD-W) and Unhealthy Diets
Posted by [ktripp](#) on Fri, 15 Mar 2019 21:40:59 GMT

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Abt Associates endorses the proposal to include these indicators and also the proposal to include adolescents from aged 10yrs. Definitions of sugar sweetened beverages and junk food need to be fleshed out and context specific. Suggest rewording "sugar sweetened beverages" for "sweet drinks and drinks with sugar added". This is due to recent experiences in school based surveys in Ghana where the term beverages and sugar sweetened wasn't well understood. Additionally, many adolescents were adding sugar to drinks already considered sweetened or even to plain water for "energy"
