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Subject: REVISION: Lactational Amenorrhea Method (LAM)  
Posted by [NADagadu\\_IRH](#) on Wed, 02 Apr 2014 13:33:07 GMT  
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Suggested revision: Add a probe to LAM in question 301.

Rationale: LAM is the only method with not probe. Some users may know recognize the name, yet may be familiar with the method itself. Not having a probe probably results in underestimating LAM use.

Specific change: we suggest inserting the following probe

"If a woman's menstrual period has not returned in the first 6 months after her baby is born, she can avoid pregnancy by breastfeeding frequently, day and night."

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