Subject: Re: Minimum Dietary Diversity for Women (MDD-W) and Unhealthy Diets
Posted by salayon on Fri, 15 Mar 2019 18:28:28 GMT
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I fully endorse these recommendations. I can see value in having these data not just for monitoring progress in improving the diets of women. When paired with the data from the IYCF MDD, it can be very valuable to help program planners understand where there are gaps in food group consumption between mothers and their children. Identifying foods consumed by mothers, but not fed to their young children can help us identify "easy wins" for promoting specific food groups to increase diet diversity among young children.