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Subject: Re: Minimum Dietary Diversity for Women (MDD-W) and Unhealthy Diets  
Posted by [Mauro Brero](#) on Thu, 14 Mar 2019 09:02:14 GMT

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UNICEF Tanzania Nutrition team concurs with all the indicators except that the wording should be changed from previous day or night to previous 24 hours. We also suggest to increase the age group to include early adolescence, i.e. 10-14 years old girls.

It would also be relevant in this section of the questionnaire to add an indicator about physical activity among women, as reduced physical activity has been identified in Tanzania (but also globally) among the drivers of increased overweight and obesity.

These indicators will be used to track progress on impact of maternal nutrition interventions and to further inform planning and programming to improve those interventions.

UNICEF Tanzania Nutrition team.

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