
Subject: Re: Minimum Dietary Diversity for Women (MDD-W) and Unhealthy Diets
Posted by [SUN Movement MEAL Team](#) on Thu, 14 Mar 2019 01:44:56 GMT

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MDD-W is a key nutrition indicator selected in the SUN Movement's MEAL Results Framework; however, we are currently unable to track it for a majority of SUN member countries due to the fact that these data are not yet being collected on a large scale, such as through the DHS or MICS surveys. We strongly recommend the inclusion of these questions.

The availability of the MDD-W as a validated proxy for micronutrient adequacy provides an opportunity for data on food groups collected for women to now be able to be used meaningfully for assessment, monitoring and tracking; for cross-country comparison, and to help monitor progress towards SDG targets in SUN countries.

Given the dramatic increase in overweight and obesity among women in SUN countries in recent years, we agree that monitoring the quality of diets of WRA is important.
