

---

Subject: Coverage of Nutritional Interventions during Antenatal Care (ANC)

Posted by [DataDENT](#) on Fri, 01 Mar 2019 18:44:04 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

Nutrition-specific interventions during pregnancy are a key component of the WHO 2016 Antenatal Care for a Positive Pregnancy Experience guidelines. We propose four indicators that will allow countries to monitor implementation of WHO-recommended dietary counseling and cash/food support interventions.

1. Counseling about healthy eating during pregnancy

Definition: The proportion of women 15-49 who attended ANC for the most recent live birth in the 5 years\* preceding the survey that received counseling about what foods to eat during pregnancy.

2. Weight measured during at least 2 ANC visits

Definition: The proportion of women 15-49 who attended ANC for the most recent live birth in the 5 years\* preceding the survey that reported weight being measured over at least two ANC visits. Currently DHS module "Supplemental Module on Maternal Health Care" asks about weight measured during at least once ANC visit.

3. Monitoring of weight gain during pregnancy (weight assessed + talk with provider)

Definition: The proportion of women 15-49 who attended ANC for the most recent live birth in the 5 years\* preceding the survey that reported weight being measured over at least two ANC visits AND discussed weight with provider.

4. Received food or cash assistance during pregnancy from government, religious institution or NGO program

Definition: The proportion of women 15-49 who gave birth in the 5 years\* preceding the survey that received food or cash assistance while pregnant for their most recent birth.

\*We support the forthcoming newborn community's recommendation to modify all Section 4. Pregnancy and Postnatal Care to include live births occurring in the previous 2 years. This would be advantageous to reduce data collection burden, align with MICS, and improve data quality. If this recommendation is adopted, the recall period for this proposed recommendation can be changed to 2 years.

Attached to this post is a completed submission form with full justification for the recommendation.

-----

This recommendation originated in a consultation focused on measuring coverage of programs to support breastfeeding and complementary feeding, co-convened by Alive & Thrive, the International Food Policy Research Institute (IFPRI), and Data for Decisions to Expand Nutrition Transformation (DataDENT). It was further discussed and endorsed at the September 2018 Technical Consultation on Measuring Nutrition in Population-Based Household Surveys and Associated Facility Assessments--a 2-day working meeting convened by the Bill & Melinda Gates Foundation and United States Agency for International Development in collaboration with the World Health Organization (WHO) and United Nations Children's Fund (UNICEF), and coordinated by DataDENT. The consultation included more than 60 technical experts, survey

program representatives from DHS, MICS, LSMS and SMART, country data stakeholders, and donors from the nutrition measurement community.

This recommendation was authored by IFPRI and reviewed by Laurence Grummer-Strawn (WHO), Chika Hayashi (UNICEF), Chessa Lutter (RTI), and Monica Kothari (PATH).

This recommendation is endorsed by the WHO-UNICEF Technical Expert Advisory Group on Nutrition Monitoring (TEAM). Out of the 10 sets of recommendations endorsed by TEAM, this recommendation was prioritized as Tier 1 of 3 (critical data need).

This recommendation is also endorsed by Countdown to 2030, Alive & Thrive, the nutrition team at the Bill & Melinda Gates Foundation, and the Department of International Health at the Johns Hopkins Bloomberg School of Public Health.

### File Attachments

---

1) [1. Nutrition interventions during ANC\\_25 Feb.docx](#),  
downloaded 974 times

---